



VACCA

Connected by culture

VICTORIAN ABORIGINAL CHILD CARE AGENCY



Healing our Way

Information for Community Members

Healing our Way provides support to Aboriginal and Torres Strait Islander adults, adolescents and children living in the Western Melbourne Area (Melton, Brimbank, Melbourne, Mooney Valley, Maribyrnong, Hobsons Bay and Wyndham) who have experienced sexual assault. This support includes:

- Culturally safe, individualised support on your healing journey
- Individual counselling and group work
- This service is free – speak to your caseworker about accessing the service or for a referral or contact VACCA using the details below

What support can I get from Healing our Way?

Working alongside your case manager, Healing our Way therapeutic workers will support your healing through:

- Culturally safe, therapeutic sexual assault counselling
- Cultural healing group sessions, including access to cultural camps on Country
- Support to connect with other specialist services, like child development specialists, cultural advisors and family violence therapists where needed
- Engagement with Elders, community members and linking to Gathering Places to support connection to culture and community
- Help with referrals to other VACCA programs and external services if needed.

Do you need support from Healing our Way?

To access this service, email: healingourway@vacca.org
or contact VACCA Western at:

- Werribee: 75-79 Watton Street, Werribee; (03) 9742 8300
- Melton: 43 Bakery Square, Melton; (03) 8746 2776