

Family Violence is NOT just Physical

There are many other forms of violence



of family violence against Aboriginal & Torres Strait Islander women is **NOT reported***



Aboriginal & Torres Strait Islander women are **34X** more likely to be hospitalised than other women*



of Aboriginal children in out of home care have experienced family violence*



Aboriginal & Torres Strait Islander women are **11X** more likely to die due to family violence than other women*

Emotional/Psychological Abuse



Behaviour that insults, upsets, intimidates, including verbal abuse that controls, gaslights or humiliates someone.

Coercive Control**



Patterns of behaviors that are manipulative and controlling, e.g., turning children against you, denying you freedom and autonomy.

Physical Abuse



Controlling and harmful physical behaviour from a family member, e.g., pushing, choking, strangulation, damaging property and belongings or harming pets.

Harassment & Threats of Harm



Unwanted repetitive behaviour, e.g., calling or texting, tracking locations, or waiting near your house or workplace.

Financial Abuse



Controlling access to money, providing inadequate money for essential items, monitoring spending or prohibiting someone from gaining employment.

Sexual Abuse



Forced and unwanted sexual behaviour by a family member including a current or ex-partner.

Social Abuse



Behaviour which restricts, controls or interferes with a family members social relationships, e.g., social isolation, bullying, shaming, 'demand sharing' or 'humbugging' (demanding money or food) and questioning.

Spiritual/Cultural Abuse



Power and control is used to deny a family member of their cultural and spiritual rights.



VACCA
Connected by culture

*AIHW (Australian Institute of Health and Welfare) (2019) 'Family, domestic and sexual violence in Australia: continuing the national story', catalogue number FDV 3, AIHW, accessed 10 August 2022.

**Hill, J. (2020). See What You Made Me Do: Power, Control and Domestic Abuse. Black Inc.

If you or someone you know is in immediate danger, call 000

VACCA Family Violence Case Management & Support Services

VACCA Preston - (03) 9287 8800

VACCA Melton - (03) 8746 2776

VACCA Dandenong - (03) 9108 3500

VACCA Werribee - (03) 9742 8300

VACCA Frankston - (03) 8796 0700

VACCA Oven Murray - (03) 5756 9000

VACCA Morwell - (03) 5135 6055

Djirra

Aboriginal Family Violence Response & Support Service. Legal and non-legal family violence support for Aboriginal people.

03 92 443 333

<https://djirra.org.au/>

Yarning SafeNStrong

Crisis line (24 hour). Phone counselling service and social and emotional support.

1800 959 563

<https://www.vaahs.org.au/yarning-safenstrong/>

13Yarn

Aboriginal and Torres Strait Islander 24/7 crisis support

Call 13 72 96

QLine (supporting LGBTQIA+ young people)

Phone and online peer support

1800 184 527 or online

<https://www.qlife.org.au/>

Rainbow Door

LGBTQIA+ Helpline. Family violence, AOD support, mental health

1800 729 367 or text 0480 017 246

<https://www.rainbowdoor.org.au/>

Elizabeth Morgan House Aboriginal Women's Service

24 hour support line: 03 9403 9400

<https://www.emhaws.org.au/>

Kids Helpline (24 hour service)

1800 551 800 or online

<https://kidshelpline.com.au/>

Report Technology-facilitated abuse at the e-safety commissioner:

<https://www.esafety.gov.au/report>

The Orange Door

Family Violence support.

Find your closest Orange Door: <https://www.orangedoor.vic.gov.au/contact>

Safe Steps

Family Violence Response Centre.

24/7 Phone line, live chat support & safety planning.

1800 015 188

<https://www.safesteps.org.au/>

1800 RESPECT

National Helpline (24 hour service). Phone and online support, safety planning.

1800 737 7328 or online

<https://www.1800respect.org.au/>

Sexual Assault Crisis Line (24 hour service)

National helpline. Phone crisis counselling services and immediate crisis response.

1800 806 292

<https://www.sacl.com.au/>

Men's Referral Service

Phoneline counselling and referral service. Brief intervention service.

1300 766 491

<https://ntv.org.au/>

Men's Line

Men's support Helpline (24 hour). Phone and online counselling.

1300 789 978

<https://mensline.org.au/>

Dardi Munwurro

Brother to Brother 24 hour crisis line - supports Aboriginal men.

1800 435 799

<https://www.dardimunwurro.com.au/>

Lifeline

24 hour crisis support

13 11 14 or online

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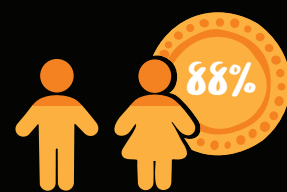
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